

Mental Health First Aid

Qualification Brochure



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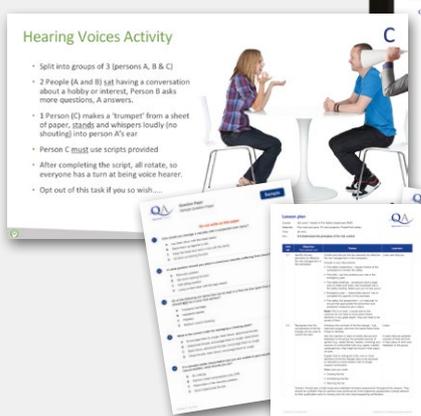
Here at Qualsafe Awards, ensuring excellence and improving learning is at the heart of everything we do. Not only are we one of the UK's largest Awarding Organisations, we have been voted the UK's Best Business (SME), and have also been shortlisted for several prestigious awards from the Federation of Awarding Bodies (FAB), including: Awarding Organisation of the Year, Qualification of the Year, Innovation of the Year, Collaboration of the Year, plus much more.

With extensive industry knowledge and expertise, we are committed to providing our Centres with a high quality, cost effective service with exceptional customer care.



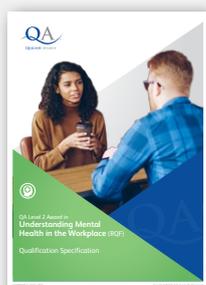
Why choose Qualsafe Awards?

- ✓ State-of-the-art Customer Portal
- ✓ Expertly designed learner resources
- ✓ Instant e-certificate system
- ✓ Support from in-house specialists
- ✓ FREE personalised qualification marketing materials
- ✓ Dedicated one-to-one Centre support
- ✓ Up-to-the-minute news and guidance
- ✓ FREE Qualification Registration & Trainer Registration
- ✓ Tiered discounts on Learner Registrations



With our dedicated support team ready to guide you through the application process, becoming a Qualsafe Awards Centre couldn't be easier!

Simply call us on **0845 644 3305** or visit **www.qualsafeawards.org** today to request your Application Pack!



QA Level 2 Award in Understanding Mental Health in the Workplace (RQF) £12.50

- 🕒 1 day course
- 📄 Certificate valid for 3 years
- 💻 Lesson Plans, PowerPoint Presentation and Assessments included

The QA Level 2 Award in Understanding Mental Health in the Workplace (RQF) is a regulated and nationally recognised qualification designed to develop a candidates understanding of mental health in the workplace by identifying possible signs and symptoms of mental health related issues, and how best to support and guide those experiencing poor mental health.

Throughout this innovative, 1 day course, candidates will develop a knowledge and understanding of mental health, including common mental health issues and how to reduce the stigma associated to mental health in the workplace, how to look after your own mental wellbeing, as well as how to support and guide someone experiencing poor mental health.



QA Level 3 Award in Mental Health First Aid in the Workplace (RQF) £17.50

- 🕒 2 day course
- 📄 Certificate valid for 3 years
- 💻 Lesson Plans, PowerPoint Presentation and Assessments included

The QA Level 3 Award in Mental Health First Aid in the Workplace (RQF) is the next step in the Qualsafe Awards Mental Health First Aid qualification suite and has been specifically designed for those who have an interest in mental health first aid, and would like to be able to guide and/or support work colleagues experiencing poor mental health. It is ideal for anyone taking an active role in supporting mental health in the workplace, such as Mental Health Champions/First Aiders, Human Resources, Managers, Supervisors and Team Leaders.

This regulated and nationally recognised qualification allows candidates to raise their awareness of mental health in a work environment, build on their existing interpersonal skills such as, active and non-judgmental listening, support and guide those experiencing poor mental health, as well as how to assist with making work environments beneficial for both employers and employees.