QA Level 2 Award in
citizenAID (RQF)
Qualification Specification
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Key Qualification Information

Qualification number ................................. 603/1934/3
Operational start date ................................. 20 June 2017
Total Qualification time (TQT) ......................... 4
Guided learning hours (GLH) ......................... 3 (minimum)
Number of Units: ........................................ 1
Assessment Methods: ........................................
  • Practical assessments – 7 completed throughout the course
Qualsafe Awards

Not only is Qualsafe Awards (QA) one of the largest Awarding Organisations (AO) in the UK, we are also the biggest AO for First Aid qualifications, making us an extremely trusted and recognisable name that employers look for when selecting a training provider.

We are recognised and regulated by the Office of Qualifications and Examinations Regulation (Ofqual), Qualifications Wales and the Northern Ireland Council for the Curriculum, Examinations and Assessment (CCEA). This means we can offer Centres an extensive range of qualification suites including First Aid; Prehospital Care; Health and Safety; Food Safety; Fire Safety; Education and Training; Manual Handling; and Health and Social Care.

With a specialist team of subject matter experts on hand to support our Centres, including A&E Consultants, doctors, paramedics, nurses, physiotherapists and specialists in the other sectors, you can be confident that you are truly working with the industry experts.

Qualification overview

This qualification forms part of the QA First Aid suite of qualifications. The qualification and learning outcomes are based on the blended recommendations of:

- ERC Section 9. First aid
- British Army, Battlefield Casualty Drills

This QA qualification is:

- Based on citizenAID, which is the initiative of four deeply experienced UK military and civilian clinicians working in collaboration with industry to improve public resilience
- Based on the contents of the citizenAID app/pocket guide

When there is a shooting, stabbing, vehicle attack, acid attack or bomb explosion the initial priority will be public safety. This can delay the time before the emergency services are able to reach the injured. citizenAID enables the general public to be effective in these situations before the emergency services are available to provide professional medical support.

This qualification specification provides information for Centres about the delivery of the QA Level 2 Award in citizenAID (RQF) and includes the unit information, assessment methods and quality assurance arrangements.

Objective

The objective of the qualification is to benefit Learners who have reached the specified level of attainment through meeting the requirements of the citizenAID learning programme.

Purpose

The purpose of this qualification is to prepare the Learner to develop the skills and knowledge needed to guide them to react safely, to pass effective messages to the emergency services, to prioritise the injured and to give life-saving first aid in the event of a shooting, stabbing, bombing or other deliberate incident. This combination of effective organisation and immediate treatment will help to save lives.

Intended audience

This qualification is for all members of the public who wish to learn lifesaving skills and techniques in the event of a deliberate multiple casualty incident.

Structure

This qualification contains 1 unit with a Total Qualification Time (TQT) of 4 hours. Full details of this unit are in Appendix 1.
Learners must complete all assessments in the unit successfully within the registration period (3 weeks) to achieve the qualification.

TQT is the total number of hours required for a Learner to achieve this qualification. It has 2 elements:

- Guided Learning Hours (GLH) is the time a Learner is being taught and assessed under the immediate guidance of a Trainer/Assessor, which for this qualification is 3 GLH (minimum); and
- The number of hours a Learner will reasonably be likely to spend in preparation and study, including assessment, as directed by, but not under the immediate guidance or supervision of a Trainer, e.g. home study, which for this qualification is 1

Other units
No other units can be combined to count towards the QA Level 2 Award in citizenAID (RQF) qualification.

Relationship with other related qualifications
The QA Level 2 Award in citizenAID (RQF) has no relationship with any other regulated qualification.

Recognition of prior learning
Recognition of prior learning is not permitted for this qualification.

Entry requirements
Learners must be at least 14 years old on the first day of the training.

There are no other formal entry requirements.

Other course requirements
Due to the practical nature of this course, Learners should wear appropriate clothing and footwear, e.g. trousers and flat footwear.

Progression
Some possible routes of progression are:
- Level 2 Award in Emergency First Aid at Work
- Level 3 Award in First Aid at Work
- Level 3 Certificate in First Response Emergency Care (FREC)

Requalification requirements
This qualification is valid for a period of 3 years. The Learner must successfully retake the qualification on or before the certificate expiry date to remain qualified.
Qualification approval requirements

Qualsafe Awards requires the Centre:

- To have appropriate policies, systems and procedures in place
- To appoint suitable individuals from their personnel team to train, assess and quality assure their QA qualifications
- To have suitable and adequate venues, equipment and learning resources

In order to secure and maintain approval from QA, Centres need a minimum staffing requirement for each qualification suite they deliver, which for this qualification is:

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>One Trainer/Assessor</td>
<td>Responsible for the delivery and assessment of qualifications</td>
</tr>
<tr>
<td>One Internal Quality Assurer</td>
<td>Responsible for quality assuring the delivery, assessment and awarding of this qualification</td>
</tr>
</tbody>
</table>

Qualsafe Awards requires the Centre staff to read and understand QA's key policies and procedures, and to abide by their contents.

**Trainer**

All Trainers must have the skills, knowledge and experience to be able to teach and demonstrate the subject. Each Trainer must be approved by Qualsafe Awards and provide evidence of:

1. A First Aid at Work qualification/medical registration as shown in Appendix 2
2. An acceptable teaching/training qualification as shown in Appendix 3

Trainers are expected to keep up to date with the subject area and provide evidence of continuing professional development (CPD).

**Assessor**

All Assessors must have the skills, knowledge and experience to be able to assess the subject. Each Assessor must be approved by Qualsafe Awards and provide evidence of:

1. A First Aid at Work qualification/medical registration as shown in Appendix 2
2. An acceptable assessing qualification as shown in Appendix 3 or attendance at relevant CPD training with an Awarding Organisation (AO)

There is no requirement for a separate Assessor when delivering this qualification. **Trainers can perform the role of both Trainer and Assessor providing they meet the requirements for each role.**

Assessors are expected to keep up to date with the subject area and provide evidence of CPD.

**Internal Quality Assurers**

Internal Quality Assurers (IQAs) of this qualification must have knowledge and competency in first aid as well as knowledge and competency in internal quality assurance. Each IQA must be approved by Qualsafe Awards and provide evidence of:

1. A First Aid at Work qualification/medical registration as shown in Appendix 2
2. An acceptable internal quality assurance qualification as shown in Appendix 4 or attendance at relevant CPD training with an Awarding Organisation (AO)
IQAs are expected to keep up to date with the subject area and provide evidence of CPD. They must also:

- Have knowledge of the requirements of the qualification they are quality assuring at the time the assessment is taking place
- Have knowledge and understanding of the role of IQAs
- Visit and observe assessments
- Carry out other related internal quality assurance

Full details of the Centre’s requirements for internal quality assurance are in the QA Centre Quality Assurance Guidance.

Note: IQAs cannot quality assure a course for which they were the Trainer and/or Assessor.

**Venue and equipment**

Quality training involves using premises conducive to learning and it is a Centre’s responsibility to make sure all venues used for training and assessment purposes are suitable and adequate – whether these are hired or in-house training rooms. They must also comply with all current legislation.

In addition, it is important to use a wide range of equipment and learning resources to support delivery.

As a minimum, Centres must make sure their venues, equipment and other resources include:

<table>
<thead>
<tr>
<th>Area</th>
<th>Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hygiene</td>
<td>Sufficient procedures to maintain hygiene when using training equipment.</td>
</tr>
<tr>
<td>Audio visual (AV) equipment and training aids</td>
<td>Sufficient AV equipment and training aids to facilitate learning using varying teaching methods.</td>
</tr>
<tr>
<td>Learning materials</td>
<td>Each learner should be given the citizenAID pocket guide or download the citizenAID app on their phone.</td>
</tr>
<tr>
<td>Bandages and dressings</td>
<td>Sufficient clean bandages, dressings and other items commonly found in a first aid kit to facilitate training and assessment.</td>
</tr>
</tbody>
</table>
| Equipment to control catastrophic bleeding | Various items for improvising a tourniquet  
• Manufactured tourniquets  
• Replica wounds with training equipment for wound packing  
• Items to improvise wound packing (e.g. socks, scarfs etc.) |
| Training venue                      | The training venue must meet acceptable health and safety standards and be conducive to learning, with sufficient: 
• Size, floor surfaces, seating, writing surfaces, toilet facilities, ventilation, lighting, heating, access, exits, cleanliness, absence of distracting noise. |
Course/Centre administration

Registering Learners
Register Learners with Qualsafe Awards in accordance with the guidance in the QA Centre Handbook.

Certification
After a Learner has completed an assessment, unit or qualification, whether they have passed or not, Centres must enter the details and assessment results on the Customer Portal at: www.qualsafeawards.org

Centres will be given login details and guidance on using the Customer Portal when they are approved to deliver a QA qualification.

Certification for this qualification is electronic. On release of certificates Qualsafe Awards will notify the Centre with instructions for secure download.

The authenticity of any Qualsafe Awards certificate can be verified at http://qualsafeawards.org/verify

The certificate date is the date the Learner achieves the unit. This qualification is valid for 3 years. The Learner needs to successfully re-take the qualification and the assessments before the end of the 3 years to remain qualified.

Delivery and support

Learner to Trainer ratio
To maintain the quality of training and assessment, make sure the class ratio is no more than 12 Learners, to 1 Trainer.

Delivery plan
Qualsafe Awards provides Centres with a complimentary course programme and detailed lesson plans, which are carefully designed to meet the objective of this qualification and the needs of Learners, making sure Learners are adequately prepared for the assessments.

Learning materials
Centres must provide each Learner with the citizenAID pocket guide or ensure that the Learner has downloaded (and can use) the citizenAID app on their smartphone.

Ongoing support
Qualsafe Awards Centres should provide appropriate levels of support to Learners throughout the qualification. The purpose of the support is to:

• Assess knowledge and competence in relation to learning outcomes and the detailed assessment criteria of the unit within the qualification, see Appendix 1

• Give Learners feedback on their progress and how they might be able to improve

Use of formative assessment methods during the learning process should be used in order to modify teaching and learning activities as appropriate, with the aim of improving Learner attainment.
Assessment

Overview
The QA Level 2 Award in citizenAID (RQF) skills and knowledge should be taught and assessed in accordance with currently accepted first aid practice in the UK.

Methods
Qualsafe Awards has devised assessment tools to make sure Learners gain the required knowledge, skills and understanding, as detailed in the learning outcomes and assessment criteria shown in the Appendix 1. Centres should download all assessment papers from the Customer Portal in advance of the course. For this unit there are:

- Knowledge and skills observations – observed by the Trainer throughout the course, with the results of each learning outcome recorded on the practical assessment paperwork, see Guide to Assessing the QA Level 2 Award in citizenAID (RQF) qualification guidance. The knowledge and skills observations for this qualification include:
  - Active shooter/knife attacker
  - Suspect or exploded bomb
  - Incident report
  - Casualty handover
  - Triage
  - Control of severe bleeding
  - Unresponsive casualty

Note: The practical assessments are shown together on a single sheet. The uniquely numbered sheets give each Learner a unique identifier for our computer systems.

Access to assessment
Qualsafe Awards is committed to equality when designing the assessments for this qualification. Your Centre can make sure they do not unfairly exclude the assessment needs of a particular Learner by following the QA Access to Assessment Policy to determine whether it is appropriate to make a:

- Reasonable adjustment or
- Special consideration

When a reasonable adjustment is made or requested, e.g. written or theory assessment delivered verbally, your Centre must complete a Reasonable Adjustment Form and send it to QA with any relevant supporting evidence. You should retain a copy of this form for your own records.

Learners may be eligible for special consideration if they have been affected by adverse circumstances beyond their control. A Special Consideration Request Form should be completed and sent to QA for consideration with relevant supporting evidence prior to implementation. You should retain a copy of this form for your own records.

Note: If you have any suggestions for improvements, please let us know.

Learners should be informed about Centre’s and QA’s appeals procedures and how they can access these.
Informal record of achievement

If a Learner with disabilities cannot complete the practical tasks required, it may be possible for the Centre to provide a letter recording the learning outcomes that the Learner achieved.

Quality assurance

Centre internal quality assurance

The Centre is required to sample a reasonable amount of assessments as part of the quality assurance of the qualification. This standardisation of assessment across Learners and Trainers is to make sure there is fairness and consistency in assessment practices. The arrangements for are detailed in the QA Centre Quality Assurance Guidance.

Centres must retain all Learner documents and records for a period of 3 years and make sure these are available for review by Qualsafe Awards or our representatives, e.g. External Quality Assurers (EQAs), on request.

Qualsafe Awards external quality assurance

Qualsafe Awards operates a system of ongoing monitoring, support and feedback for approved Centres across the United Kingdom.

QA employs a risk based model to decide the frequency of EQA visits and each approved Centre will receive at least 1 EQA visit within a 3 year cycle.

Direct Claims Status (DSC) for this qualification is dependent on 3 successful QA desk based audits across 3 courses.

Further details of the Qualsafe Awards' external quality assurance programme are available in the QA Centre Quality Assurance Guidance.

Further information

Contact us

If you have any queries or comments we would be happy to help you, contact us:

Email: info@qualsafeawards.org

Tel: 0845 644 3305

Useful addresses and websites

- Qualsafe Awards, City View, 3 Wapping Road, Bradford, BD3 0ED
  www.qualsafeawards.org/home
- citizenAID www.citizenaid.org
- Office of Qualifications and Examinations Regulation (Ofqual):
  www.gov.uk/government/organisations/ofqual
- Qualifications Wales: www.qualificationswales.org
- Resuscitation Council (UK): www.resus.org.uk
- European Resuscitation Council www.erc.edu
- Royal College of Surgeons (Edinburgh) Faculty of Pre-hospital Care https://fphc.rcsed.ac.uk/
## Appendix 1 – Qualification unit

The QA Level 2 Award in citizenAID (RQF) has 1 unit that Learners are required to complete in order to achieve the qualification.

<table>
<thead>
<tr>
<th>Title:</th>
<th>citizenAID</th>
</tr>
</thead>
<tbody>
<tr>
<td>GLH:</td>
<td>3</td>
</tr>
<tr>
<td>Level:</td>
<td>2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Learning outcomes</th>
<th>Assessment criteria</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Learner will:</strong></td>
<td><strong>The Learner can:</strong></td>
</tr>
</tbody>
</table>
| 1. Be able to use the citizenAID app/pocket guide in an emergency situation | 1.1 Use the citizenAID app/pocket guide to determine appropriate actions to take in the event of:  
• Active shooter or knife attacker  
• Unattended item  
• Suspicious item  
• Exploded bomb  
1.2 Use the citizenAID app/pocket guide to:  
• Communicate an incident report to the emergency services  
• Triage multiple casualties  
• Provide a casualty handover to the emergency services |
| 2. Be able to provide immediate first aid to an unresponsive casualty who is breathing | 2.1 Open a casualty’s airway and check breathing  
2.2 Place a casualty into the recovery position |
| 3. Be able to provide first aid to a casualty with severe external bleeding | 3.1 Demonstrate packing and pressure into a wound using:  
• improvised dressings  
• manufactured dressings  
3.2 Demonstrate the application of:  
• an improvised tourniquet  
• a manufactured tourniquet |
Appendix 2 – Occupational knowledge and competence in first aid

All Trainers, Assessors, IQAs and EQAs must have occupational knowledge and competence in first aid. Acceptable evidence includes:

- Holding a current First Aid at Work certificate issued by an Ofqual/SQA Accreditation/Qualifications Wales/ CCEA Regulation recognised Awarding Organisation/Body (or equivalent*) or
- Holding a current Offshore First Aid Certificate issued by a HSE approved training provider or
- Current registration as a Doctor with the General Medical Council (GMC)** or
- Current registration as a Nurse with the Nursing and Midwifery Council (NMC)** or
- Current registration as a Paramedic with the Health and Care Professions Council (HCPC)**

*recognised First Aid at Work certificate equivalents must be submitted to QA with comprehensive mapping which evidences that all assessment criteria of the FAW qualification have been achieved within the past 3 years.

**registered healthcare professionals must act within their scope of practice and therefore have current expertise in first aid to teach/assess the subject.
Appendix 3 – Acceptable Training/Assessing Qualifications

This list is not exhaustive but provides a guide to acceptable training and/or assessing qualifications. Trainers who also assess Learner competence must hold a qualification (or separate qualifications) to enable them to perform both functions.

<table>
<thead>
<tr>
<th>Qualification</th>
<th>Train</th>
<th>Assess</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Current qualifications (available for new trainers/assessors to undertake):</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Level 3 Award in Education and Training</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Level 4 Certificate in Education and Training</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Level 5 Diploma in Education and Training</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Level 3 Award in Teaching and Assessing in First Aid Qualifications (RQF)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Cert Ed/PGCE/B Ed/M Ed</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>SVQ 3 Learning and Development SCQF Level 8</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>SVQ 4 Learning and Development SCQF Level 9</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>TQFE (Teaching Qualification for Further Education)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Planning and Delivering Learning Sessions to Groups SCQF Level 6 (SQA Unit)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>SCQF Level 6 Award in Planning and Delivering Learning Sessions to Groups (SQA Accredited)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>L&amp;D Unit 6 Manage Learning and Development SCQF Level 8 (SQA Accredited)</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>L&amp;D Unit 7 Facilitate Individual Learning and Development SCQF Level 8 (SQA Accredited)</td>
<td></td>
<td>✓</td>
</tr>
<tr>
<td>L&amp;D Unit 8 Engage and Support Learners in the Learning and Development Process SCQF Level 8 (SQA Accredited)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Carry Out the Assessment Process SCQF Level 7 (SQA Unit)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Level 3 Award in Assessing Competence in the Work Environment</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Level 3 Award in Assessing Vocationally Related Achievement</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Level 3 Award in Understanding the Principles and Practices of Assessment</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Level 3 Certificate in Assessing Vocational Achievement</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>L&amp;D Unit 9D Assess Workplace Competence Using Direct and Indirect Methods SCQF Level 8 (SQA Accredited)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>L&amp;D Unit 9D Assess Workplace Competence Using Direct Methods SCQF Level 7 (SQA Accredited)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td><strong>Other acceptable qualifications:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CTLLS/DTLLS</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>PTLLS with unit ‘Principles and Practice of Assessment’ (12 credits)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Further and Adult Education Teacher's Certificate</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>IHCD Instructional Methods</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>IHCD Instructor Certificate</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>English National Board 998</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Nursing mentorship qualifications</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>NOCN Tutor Assessor Award</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>S/NVQ level 3 in training and development</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>S/NVQ level 4 in training and development</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>PDA Developing Teaching Practice in Scotland’s Colleges SCQF Level 9 (SQA Qualification)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>PDA Teaching Practice in Scotland’s Colleges SCQF Level 9 (SQA Qualification)</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>PTLLS (6 credits)</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Regulated Qualifications based on the Learning and Development NOS 7 Facilitate Individual Learning and Development or NOS 6 Manage Learning and Development in Groups</td>
<td>✓</td>
<td></td>
</tr>
</tbody>
</table>
Training Group A22, B22, C21, C23, C24
Learning and Teaching – Assessment and Quality Standards SCQF Level 9 (SQA Unit)
A1 Assess Candidates Using a Range of Methods or D33 Assess Candidates Using Differing Sources of Evidence
Conduct the Assessment Process SCQF Level 7 (SQA Unit)
A2 Assess Candidate Performance through Observation or D32 Assess Candidate Performance
Regulated Qualifications based on the Learning and Development NOS 9 Assess Learner Achievement

Note: Assessors who do not hold a formal assessing qualification may alternatively attend First Aid Assessor CPD Training with an Awarding Organisation/Body.
Appendix 4 – Qualifications suitable for internal quality assurance

This list is not exhaustive but provides a guide to acceptable IQA qualifications:

<table>
<thead>
<tr>
<th>Qualification</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>L&amp;D Unit 11 Internally Monitor and Maintain the Quality of Workplace Assessment SCQF Level 8 (SQA Accredited)</td>
<td></td>
</tr>
<tr>
<td>Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice</td>
<td></td>
</tr>
<tr>
<td>Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice</td>
<td></td>
</tr>
<tr>
<td>Conduct the Internal Verification Process SCQF Level 8 (SQA Unit)</td>
<td></td>
</tr>
<tr>
<td>Regulated Qualifications based on the Learning and Development NOS 11 Internally Monitor and Maintain the Quality of Assessment</td>
<td></td>
</tr>
<tr>
<td>V1 Conduct Internal Quality Assurance of the Assessment Process or D34 Internally Verify the Assessment Process</td>
<td></td>
</tr>
<tr>
<td>Internally Verify the Assessment Process SCQF Level 8 (SQA Unit)</td>
<td></td>
</tr>
</tbody>
</table>

Note: IQAs who do not hold a formal IQA qualification may alternatively attend Internal Quality Assurance CPD Training with an Awarding Organisation/Body.